

ALMOND CREAM

INGREDIENTS

Almond cream – enough to fill a 26cm to 28cm tart pan (around 10 inches)

- 100 grams (3.52 oz) softened unsalted butter
- 100 grams (3.52 oz) powdered sugar (icing sugar)
- 100 grams (3.52 oz) eggs (2 eggs)
- 100 grams (3.52 oz) almond meal (ground almond)
- 15 grams (0.5 oz) flour
- 1 teaspoon vanilla essence or rum
- 1 drop of almond essence
- Maple syrup for glazing

NOTES

- All the ingredients, including the eggs, MUST be at room temperature
- Pears must be poached in syrup.

PROCEDURE

- 1. Prepare a tart base and the heat oven to 200 °C (396 °F).
- 3. Bring butter and eggs to room temperature.
- 4. Whisk the butter in a bowl until a soft consistency.
- 5. Add the icing sugar and continue whisking (vigorously) until the mixture is creamy.
- 6. Add the eggs and again whisk vigorously until well emulsified.
- 7. Add the almond meal, vanilla essence and almond essence and whisk again and then add flour and whisk in.
- 8. Without delay, pipe the cream into the tart base.
- 9. Place pear halves (if using fresh pears, first poach them in syrup) on top of the cream and press down well.
- 10. Bake in the oven for 20-40 minutes (depending on the size of the tart) until cooked.
- 11. Glaze the top of the tart with maple syrup.